

# 5-Minute Journal Prompts

## REFINE & REFLECT



(adj.) showing spontaneous and undirected playfulness

is the word "ludic" to an experience you've had?

## LIVE BY



WRITING TO BUILD CONFIDENCE AND STAMINA

### #5 Cupcakes

When I turned eight, I had a birthday party at Chuck-E-Cheese's and everyone in my class came. It was really fun until after Will Hampton ate too many cupcakes and threw up in the ball pit. Then we couldn't play there until the and Will cried.

September 25th

How do you connect to you've

#7

What does make

#10

nings  
ed at.

Write about one  
" and  
mo  
his y

What v  
favorite  
as a  
GO FUR

### PHOTO RESPONSE



© Nouvelle ELA

### QUOTE RESPONSE

"The way to get started is to  
quit talking a  
-Walt

How doe  
connect to c  
you'v

# 7



ous and  
ress

A variety of prompts to get ALL students writing

## BUILD Confidence

Build student confidence with a variety of prompts and styles. Students will often have “quick wins,” such as a prompt that asks them to list three movies they’ve enjoyed. Each prompt will contain questions to ask students to “Go Further” so that your students can add detail.

Describe your first memory.

### GO FURTHER:

What do you remember being able to see, smell, hear, touch, and taste?

# 4

Write three facts about yourself.

### GO FURTHER:

How do these things make you uniquely “you”?

# 1

## BUILD Endurance

Journaling is tough work. Honestly, this resource came from my own desire to get better at journaling every day. It will be tough for your students, too, but they will start to “get down to business” faster as they become used to the different styles of prompts.

# BUILD Creativity

Students connect different prompts to their own thoughts and experiences. They may be asked to write a free response to a photo or a word, or read a song lyric and connect it to a memory. They will engage with the media they love in new ways.



## DEFINE & REFLECT



How does the word "ludic" connect to an experience you've had?

# 20

# BUILD Enthusiasm

Journaling doesn't have to be a chore, and these prompts are meant to entertain and delight your students. You want to keep them coming back to their daily journal routine even after leaving your class, so consider allowing them to ignore the prompt on any given day and write about whatever they want (as long as they're writing).

Write about a childhood friend.

**GO FURTHER:**

How did you meet this friend? What sorts of games did you play?

# 9

**QUOTE RESPONSE**

*"The way to get started is to quit talking and begin doing."*

-Walt Disney

How does this quote connect to an experience you've had?

# 7

**PHOTO RESPONSE**



# 18

List three movies you love.

**GO FURTHER:**

What do you like about these movies?

# 13



What does the color yellow make you think of?

# 45

**DIG DEEPER:**

Write in-depth about one thing you learned last week. How did you learn it? What will you do with this skill or information now?

# 41

**SENSORY RESPONSE**

Imagine yourself in a cafeteria.

Write what is happening around you. What do you see, hear, and smell?

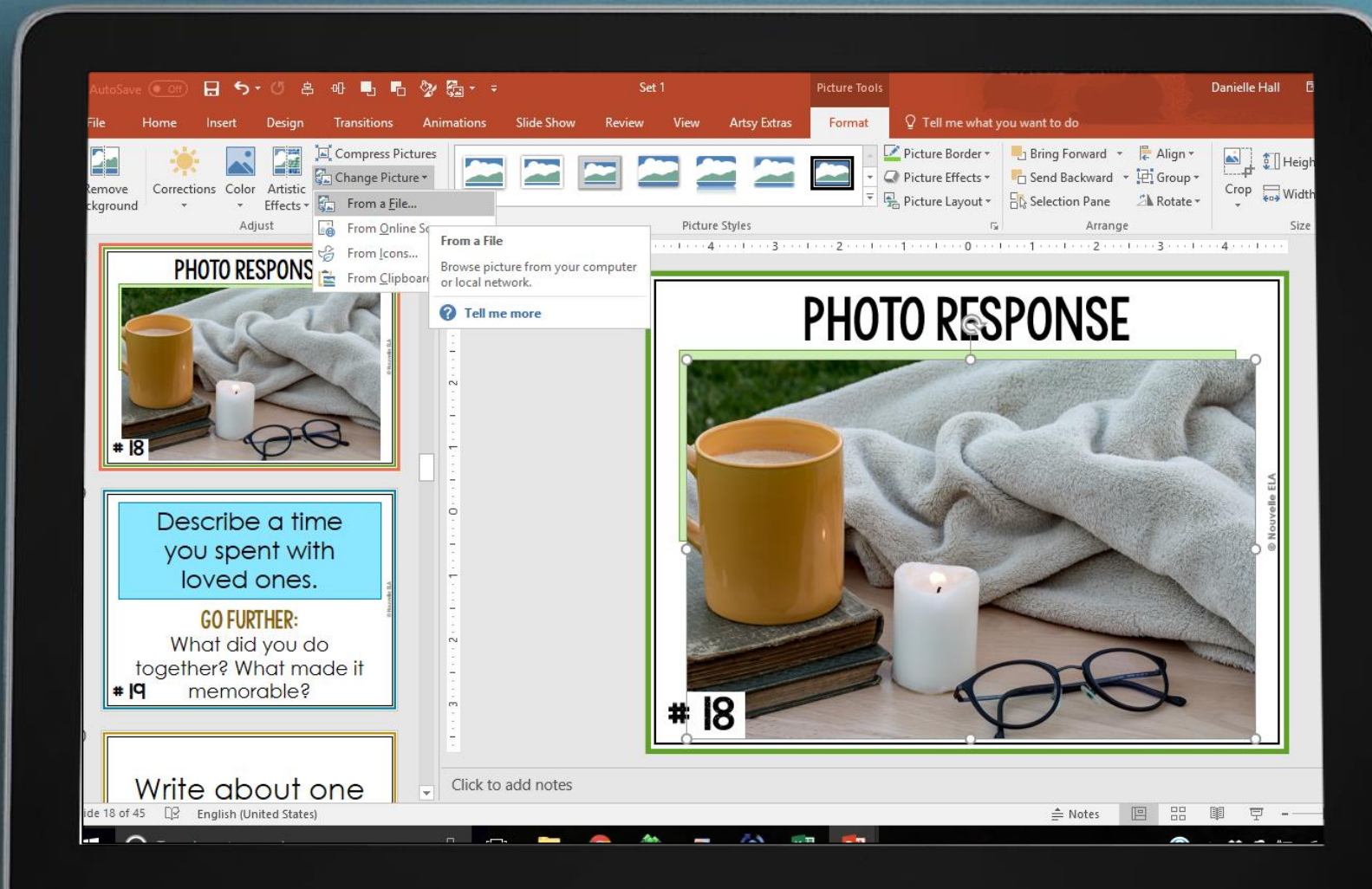
# 42

**PHOTO RESPONSE**



# 26

Use prompts as short personal writing or extend the activity with opportunities for sharing and revision.



EASY TO SHARE OR PROJECT FOR THE CLASS  
Includes ideas for editing, differentiating, and grading